



WP6. Testing Phase

PRE-TEST DIAGNOSIS of pedagogical model and toolkit AND PROGRAM FLOW

These questionnaires are meant to be a previous step into the planning of your testing phase of the LIKE Manual and Toolkit for teachers.

Before the teacher jumps into the testing of the manual and its activities we recommend to carefully read and fulfil these questions to better plan and further develop the testing of the Manual.

The structure of the testing and the steps we invite you to take are as follows:

- 1. Go first into the diagnosis of the class based on teachers' observation Do questionnaire PART A)
- 2. Then go to Development and implementation of the programme of the pilot according to the classroom needs Questionnaire PART B)
- 3. Last but not least, go to the Evaluation Package for the post testing survey.

1. Diagnosis of the class based on teachers' observation – PARTA)

1.	Teacher testing the model: (please click on boxes to activate status)				
1.1.	Name:	Ms Mr Monika Kosiewicz			
1.2.	Experiences in teaching:	□ ≤2 □ 2<-5 □ 5<-10 □ 10<-20 □ 20<			

Pupils profile & background (please click on boxes to activate status)						
Name of school at which pilot classes were im- plemented:	Sport Primary School No. 3 of Józef Jaworski in Aleksandrów Łódzki					
How would you score the level of commitment of your pupils towards the learning process?	☐ High ☐ Medium ☐ Low ☐ Very low Comments (if any):					
Approx. number of pupils at the classroom (total)	Male:14 Female: _10					
Are there pupils with learning difficulties in the assroom?	Yes: No:					
Are there pupils with fewer opportunities?	Yes: No:					
If the answer to the previous question is yes, what nd of problems/challenges are those pupils with wer opportunities facing?	Economical 🔲 Geographical 🗌 Educational 🗌 Cultural					
How would you rate the level of early school Image: High						
2.8. For general comments or additional information of relevance please use space below:						
s - selected children. eacher could not answer on 2.4, 2.5, 2.6 and 2.7 questions of inning of the school year.	as the class's just started education, and there were no such information at					
	Name of school at which pilot classes were implemented: How would you score the level of commitment of your pupils towards the learning process? Approx. number of pupils at the classroom (total) Are there pupils with learning difficulties in the assroom? Are there pupils with fewer opportunities? If the answer to the previous question is yes, what he of problems/challenges are those pupils with wer opportunities facing? How would you rate the level of early school leaving in the classroom? For general comments or additional information of releva					







Development and implementation of the programme of the pilot according to the classroom needs – PART B)

Please, describe what contents and program elements you plan to use from the LIKE Manual for teachers. You can follow the index of contents of the Manual and toolkit.

TIME AND FREQUENCE	DATE	CHAPTER OF LIKE MANUAL	NAME OF THE ACTIVITY	LEARNING GOAL/S	FEEDBACK / COMMENTS
First clas- ses - 20 minutes	4.10.2019	Skills develop- ment	My favourite flower	 development of relaxation and rest skills learning methods and techniques of relaxation; development of self-awareness of one's own emotions and feelings (emotional intelligence); acquiring a new ability to deal with stress 	Children often had their hands under their heads, moved their legs (visible anxiety), peep- ing, having trouble hearing the order, turning over to the right side, confusing sides.
20 minutes	4.10.2019	Skills develop- ment	Balloons of anger	 - understanding what anger is and how to properly express it; - knowledge of how to identify anger signals felt in the body 	The balloons distracted them, children took them in their mouths, the children did not know the ways to express anger.
Beginning of the day in school	10.10.2019	Skills develop- ment	Mindfulness	 getting to know the tool with which students will be more aware of themselves and the world; developing greater awareness of internal and external experiences; recognizing your thoughts as "just thoughts"; acquiring knowledge of how emotions manifest in the body; awareness of greater control over your internal 	Problem with focusing attention, huge mobility visible.

				impulses	
After- school club - after lessons	15.11.2019	Skills develop- ment	Secret of Aunt Clara	 recognition of polite phrases; learning why these phrases matter in life and in what situations to use them 	They listened very carefully.
During lesson	15.11.2019	Skills develop- ment	Sign of stress	 coping with stress; recognizing signs / symptoms of stress 	They were happy to describe various situations that caused stress.
Po lessons	17.12.2019	Skills develop- ment	Out of Chaos- Polis - The rules for well-being together	 interpersonal communication; development of social skills 	Children know about the rules, they can verbal- ize them, they do not necessarily follow them, the task requires continuation.
60 minutes	25.10.2019	Skills develop- ment	Desert Island	 developing teamwork skills; developing interpersonal communication skills; development of creative thinking and creativity skills (sharing ideas, selecting the best ideas and their implementation); development of entrepreneurial skills; group integration 	The work in groups was efficient, it was diffi- cult to write on the island e.g. the name of the island.
30 minutes	22.11.2019	Skills develop- ment	Therapeutic fairy tale	 strengthening one's own skills, among others in the field of cooperation, interpersonal communi- cation, conflict management; paying attention to the aspect of personal cul- ture in relations with other people; learning about different aspects of conflict situ- ations - the importance of interpersonal commu- nication in conflicts; reflection on the importance of emotions in human life 	The children listened actively and drew eager- ly.
End of the day	27.11.2019	Skills develop- ment	Body scan	 improving concentration and learning; reducing stress, anxiety and depression; development of creativity; 	Big restlessness.



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				 increasing emotional regulation and care; increasing body awareness 	
During lessons 45 minutes	13.12.2019	Skills develop- ment	Song with differ- ent rhythms	 promoting teamwork; recognizing the importance of teamwork, respecting the skills of partners; developing love for music and writing; developing musical memory and imagination; developing and practicing time coordination 	Difficult task - due to a lack of writing skills, varying levels of student involvement, difficulty in understanding words, e.g. solidarity.



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Bardzo dziĘkujemy za wsparcie!



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