

# Collecting Feedback

## from teachers.

(Attach this feedback to the corresponding test/survey of the class)

**Partner organization: WSBINOZ (Poland)**

**Teacher's name: Monika Kosiewicz**

**1. Where the activities useful, easy to understand and implement?**

Yes, the exercises were useful and interesting. They aroused interest.

**2. Did you find any difficulties or doubts during the implementation?**

Difficulty in focusing attention, big restlessness in movement. In one exercise, there is a lack of writing skills of children at this age, no word understanding e.g. solidarity.

**3. Have you observed changes in the dynamic of the class after the implementation?**

**Describe what type of changes.**

Improving in focusing attention, developing skills, ability to relax and rest (mindfulness), cooperation.

**4. How did your students react to the activities in general?**

They were willing and curious. Very psychomotorally active.

**5. What suggestions would you give us to improve the manual?**

Not always children can save the required content.

**6. Any other significant observations you would like to add.**

*Lack of answers.*