





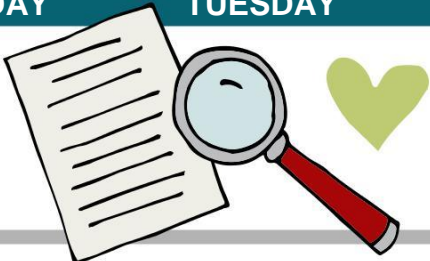
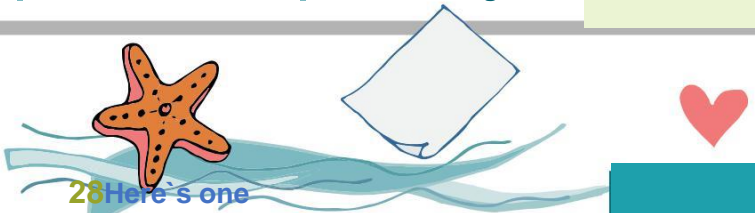


# January BRAIN BREAKS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Give your class a riddle. 1	Have students recommend a book they love. 2	Recite a poem. 4	Play Simon Says. 5	
6	Streeetttt-cccchhhh. 7	Learn a tongue twister. 8	Doodle for 5 minutes. 9	Make a word with Scrabble tiles. 10	Play a game of Would You Rather. 11	12
13	Share a dream. 14	Watch a Kid President video. 15	Do 25 jumping jacks. 16	Tell your students jokes. 17	Dance to a Top 40 song. 18	19
20	Rock, Paper, Scissors competition. 21	Use stress balls for a 5-minutes. 22	Play a clap pattern game. 23	Play Heads Up, 7 Up 24	Do a conga line. 25	26
27	Learn the Macarena. 28	Play a game of Telephone. 29	Sing a song or chant. 30	Share a memory. 31		



# February WRITING PROMPTS

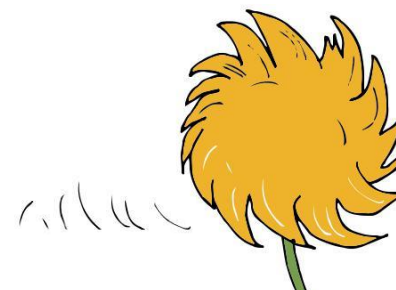
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p>Here's one way that I'm weird and wonderful:</p>	<p>My amazing superpower would be...</p>	
3	<p>I'd give kindergarteners this advice:</p>	<p>Three things I'd buy if I won the lottery:</p>	<p>How the world will be different in 2118...</p>	<p>Advice I'd like to give to my parents...</p>	<p>Write an "I'm sorry" letter from a villain's perspective.</p>	2
10	<p>These four words changed my morning and why:</p>	<p>10 things I'd like to ask my great-great-great grandmother:</p>	<p>One fictional character I wish were real:</p>	<p>If I had magic gloves, here's what they'd do:</p>	<p>One subject I'd like to give up in school and why.</p>	16
17	<p>Write about a person, place, and problem that all start with the letter P.</p>	<p>Here are three things I'd change if I were President:</p>	<p>Write about two enemies stuck together in an elevator.</p>	<p>How I conquered my fear...</p>	<p>Write a story with three different endings.</p>	23
24	<p>Think of someone you don't like. Now write five good things about them.</p>	<p>Here are three rules I'd make if I were an adult:</p>	<p>I was walking along the beach, and I saw this unbelievable thing...</p>			





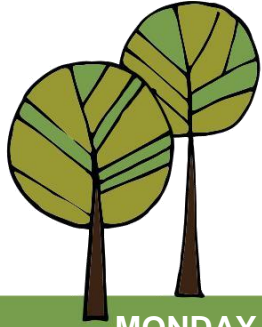
★ March ★

# DR. SEUSS QUOTES

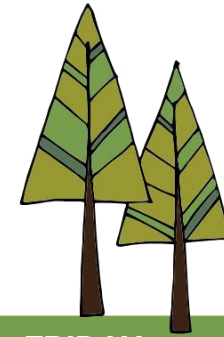



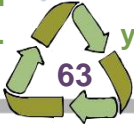
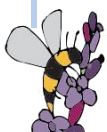


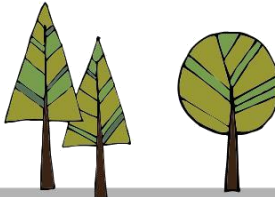
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31					<p>"You have brains in your head. You have feet in your shoes. You can steer yourself, any 1 direction you choose."</p>	
3	<p>4 "A person's a person, no matter how small."</p>	<p>5 "Don't cry because it's over. Smile because it happened."</p>	<p>6 "I like nonsense. It wakes up the brain cells."</p>	<p>7  stand out?"</p>	<p>8 "Think and wonder, wonder and think."</p>	9
10	<p>11 "Step with care and great tact, and remember that life's a great balancing act."</p>	<p>12 "You'll miss the best things if you keep your eyes shut."</p>	<p>13 "So, open your mouth, lad! For every voice counts!"</p>	<p>"I know it is wet and the sun is not sunny, but we can have lots of good fun that is funny."</p>	<p>15 "If you never did you should. These things are fun and fun is good."</p>	16
17	<p>18 "From there to here, from here to there, funny things are everywhere."</p>	<p>19 "Unless someone like you cares a whole awful lot, nothing is going to get better. It's not."</p>	<p>20 "Sometimes the questions are complicated and the answers are simple."</p>	<p>"Fantasy is a necessary ingredient 21 in living."</p>	<p>22 "Today was good. Today was fun. Tomorrow is another one."</p>	23
24	<p>25 "You have to be odd to be number one."</p>	<p>26 "It's not about what it is. It's about what it can become."</p>	<p>27 "To the world you may be one person; but to one person you may be the world."</p>	<p>28 "You are you. Now, isn't that pleasant?"</p>	<p>29 "Everything stinks till it's finished."</p>	30





April  
**EARTH MONTH**  
20 EASY WAYS TO HELP THE EARTH!

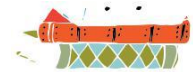
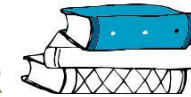



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 1 buying plastic.	Use a refillable water bottle instead of 2	Take your own bags when you shop at a store. 3	Recycle the plastic bags you have at home. 	Use less plastic to pack your lunch. 4	Recycle old batteries and electronics. 5	6
7	Take an extra look at your garbage and try to recycle more. 8	Try composting either at school or home. 9	Plant a bee-friendly plant—the bee population needs us! 10	Don't waste water. 	Turn off the air conditioner and open the windows. 12	13
14	Grow milkweed for monarch butterflies. 15	 Turn off lights when you're not using them. 16	Take time to appreciate nature. 17	If you see garbage at a public park, pick it up. 18	Plant a tree at your school for Arbor Day. 19	20
21	Be a voice! Encourage others to help the environment. 22	Organize a clean-up community day. 23	Ride your bike somewhere instead of taking the car. 24	Look into alternative energy like solar. 25	Encourage your parents to buy pesticide-free products. 26	27
28	Set a classroom recycling goal. 29	30				



# May

## QUESTIONS TO ASK AT THE END OF THE SCHOOL YEAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>What's one thing you learned in science this year?</p> <p>1</p>	<p>What did you accomplish this year that you're proud of?</p> <p>1</p>	<p>What's one thing you learned in math this year?</p> <p>2</p>	<p>Name a favorite book you read this year. Why did you like it?</p> <p>3</p>	<p>4</p>
<p>5</p>	<p>6</p> <p>What's your favorite part of the school day?</p>	<p>7</p> <p>Name one new person you became friends with this year.</p>	<p>8</p> <p>What was challenging for you this year?</p>	<p>9</p> <p>What was your favorite art project you did this year?</p>	<p>10</p> <p>Use five adjectives to describe this year.</p>	<p>11</p>
<p>12</p>	<p>13</p> <p>Name a teacher (other than your own) you really like. Why?</p>	<p>14</p> <p>What's one thing you were really good at this year?</p>	<p>15</p> <p>Name an area where you think you made a big improvement.</p>	<p>16</p> <p>Name something nice someone did for you this year.</p>	<p>17</p> <p>What were your favorite three games to play in gym?</p>	<p>18</p>
<p>19</p>	<p>20</p> <p>Name your favorite place in the classroom.</p>	<p>21</p> <p>What's one thing you taught your teacher this year?</p>	<p>22</p> <p>What's one song you remember from music?</p>	<p>23</p> <p>Name something related to technology we used in class.</p>	<p>24</p> <p>What will you miss about school?</p>	<p>25</p>
<p>26</p>	<p>27</p> <p>What's a piece of advice you'd give next year's students?</p>	<p>28</p> <p>What's one thing you're looking forward to this summer?</p>	<p>29</p> <p>Name three books you want to read this summer.</p>	<p>30</p> <p>What's one thing you're looking forward to next year?</p>	<p>31</p>	





# SELF-CARE FOR TEACHERS


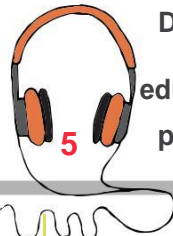







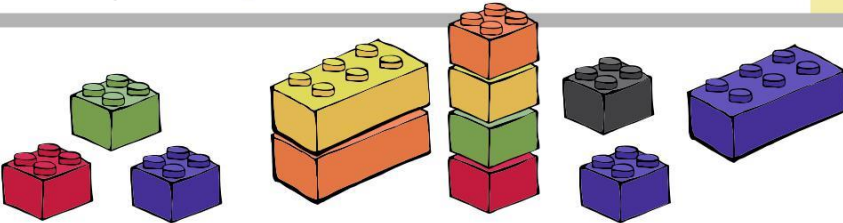

Figure 1



# July

## A TEACHER'S SUMMER

### EASE YOUR WAY BACK INTO THE SCHOOL YEAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<p>Search #edchat on your favorite social media.</p> <p>1</p>	<p>Read an inspiring book.</p> <p>2</p> 	<p>Reflect on your strengths.</p> <p>3</p>	<p>Have coffee with a teacher friend.</p> <p>4</p>	 <p>5</p> <p>Discover a new educational podcast.</p>	<p>6</p>	
<p>7</p> 	<p>Go on a quest to find the perfect pen.</p> <p>8</p>	<p>Splurge on one office supply item just for you.</p> <p>9</p>	<p>Research a new classroom theme.</p> <p>10</p> 	 <p>11</p> <p>Look for good read-aloud books.</p>	<p>Start practicing delicious, healthy meal prep for the school year.</p> <p>12</p> 	<p>13</p>	
<p>14</p>	<p>Watch a TED Talk about education.</p> <p>15</p>	<p>Check out rummage sales for classroom deals.</p> <p>16</p>	<p>Organize books from your classroom library.</p> <p>17</p>	<p>Send last year's students a "thinking of you" note.</p> <p>18</p>	<p>Send next year's students a "see you soon" note.</p> <p>19</p> 	<p>20</p>	
<p>21</p>	<p>Look for a conference you want to attend next year.</p> <p>22</p> 	<p>Journal about lessons learned from last year.</p> <p>23</p>	<p>Ask educational questions on the WeAreTeachers HelplineFacebook page.</p> <p>24</p>	<p>Find new teacher friends to follow on Twitter and Instagram.</p> <p>25</p>	<p>Surprise your teacher BFF with a nice note.</p> <p>26</p> 	<p>27</p>	
<p>28</p>	<p>Find at least one new lesson plan that challenges you.</p> <p>29</p>	<p>Look for at least one new project that combines learning and play.</p> <p>30</p>					



# August

## ICEBREAKER QUESTIONS FOR STUDENTS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



What's your favorite wild animal?

1

Where is your favorite place to read?

What food could you eat for 99 days in

2 a row?

3



If you were a star on YouTube, what would you

4

5 be doing?

Name someone in your life who always teaches

6 you things.

What's something you're very

7 good at?



8

What's one thing you want to learn

this year?

Name a book you REALLY love.

9



What's your favorite part about

11

12 summer?

What's one thing an adult ALWAYS says

13 to you?



14 you name it?

If you had a goat, what would

If you could have a magical power, what would it

15 be?

What's the best compliment you've ever

16 received?

17

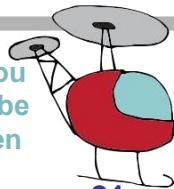
What's something that always makes you laugh?

18

19

What do you think you'll be doing when

20 you're 50?



21

Where would you like to

travel?

What's one thing you do when you're grumpy?

22

What's a subject you want to get better at this

23 year?

24

Name something you learned last year that you're

25

26 proud of.

Give three words to describe yourself.

27

What's one of your favorite things in your

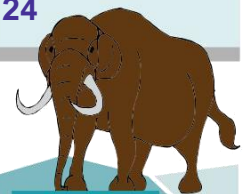
28 room?

Name something you like to do on the

29 weekend.

What extinct animal do you wish you could

30 see?





# >>> September <<<<

## CLASSROOM GOALS

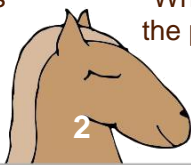

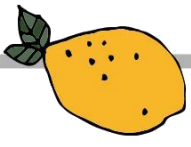
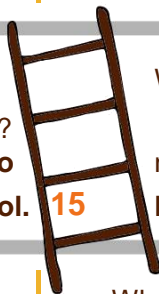

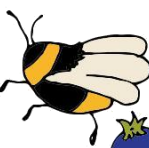
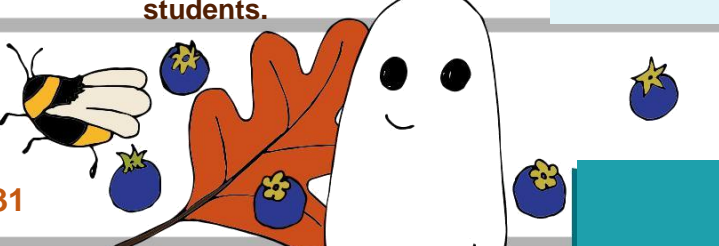
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	 <p>2 Speak up.</p>	<p>3 Use kind words.</p>	<p>4 Explain how you feel.</p>	<p>5 Listen as much as you speak.</p>	<p>6 Make new friends.</p>	7
8	<p>9 THANK YOU</p> <p>Say please and thank you.</p>	 <p>10 Encourage others.</p>	<p>11 Don't be afraid to ask questions.</p>	 <p>12 Respect everyone around you.</p>	 <p>13 Don't make excuses.</p>	14
15	<p>16 Be a CEO (Chief Example for Others)</p>	<p>17 Think before you act.</p>	<p>18 Offer new ideas in thoughtful ways.</p>	 <p>19 Stay focused and on task.</p>	<p>20 Work together and be willing to compromise.</p>	21
22	 <p>23 Be OK with making mistakes.</p>	<p>26 Be polite.</p> <p>PLEASE</p>	<p>25 Keep trying—don't give up.</p>	<p>26 Be willing to try something new.</p>	<p>27 Challenge yourself.</p>	28
29	30					





# October

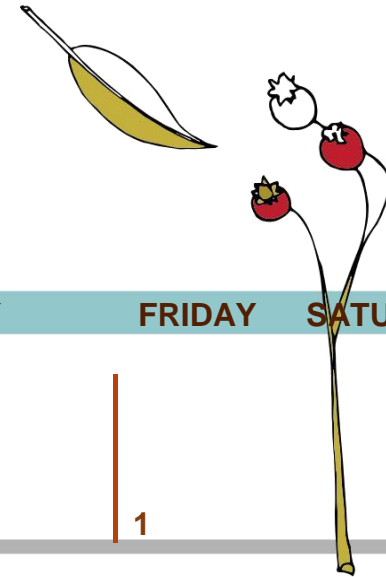
## LOL JOKES

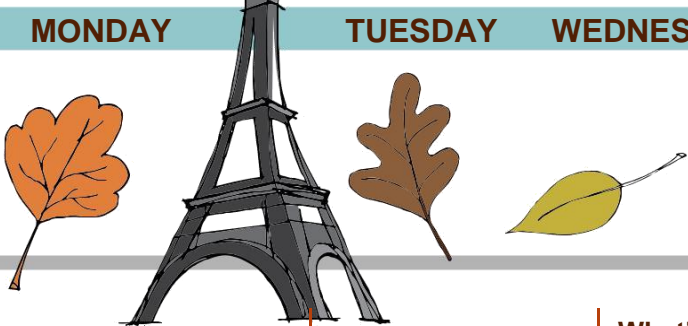






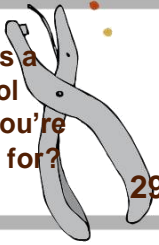
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	How do pickles enjoy a day out? <b>They relish it.</b>	What do birds give out on Halloween? <b>Tweets.</b>	Why couldn't the pony sing? <b>Because she was hoarse.</b>	Where do cows go for fun? <b>The mooooo-vies!</b>	What did one ocean say to the other? <b>Nothing, it just waved.</b>	
						
	What do ducks wear to their wedding? <b>A duckedo.</b>	Where do pencils go for vacation? <b>Pencil-vania.</b>	What do you call cheese that's not yours? <b>Nacho cheese!</b>	Why was 6 afraid of 7? <b>Because 7, 8, 9.</b>	Why are fish so smart? <b>Because they live in schools.</b>	
						
	Why did the boy bring a ladder to school? <b>He wanted to go to high school.</b>	What did 0 say to the number 8? <b>Nice belt!</b>	Where do polar bears vote? <b>The North Pole.</b>	What do you give to a sick lemon? <b>Lemon aid.</b>	What's a tornado's favorite game? <b>Twister</b>	
						
	What's a ghost's favorite fruit? <b>Boo-berries</b>	What school supply is king of the classroom? <b>A ruler.</b>	Why do magicians do so well in school? <b>They're good at trick questions.</b>	Why was the teacher wearing sunglasses to school? <b>She had bright students.</b>	What do mummies like listening to on Halloween? <b>Wrap music.</b>	
						
	Why do ghosts like to ride in elevators? <b>It raises their spirits.</b>	What do you call fake pasta? <b>An impasta.</b>	What type of bee can't make up its mind? <b>A maybe.</b>			
						



# November

## THANKFULNESS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
	4 What season are you thankful for and why?	5 What's a place you're thankful for?	6 What's something on the playground you're thankful for?	7 What's something in gym you're thankful for?	1 Which teacher are you thankful for?	2
						
	11 Which friend are you thankful for?	12 What's a food you're thankful for?	13 What's a skill you have that you're thankful for?	14 What's a game you're thankful for?	15 What's a song you're thankful for?	9
						16
	18 What's something that happened yesterday you're thankful for?	19 What's something in nature you're thankful for?	20 Which book character are you thankful for?	21 What is an emotion that you're thankful for?	22 What's a place at your school you're thankful for?	23
	25 What's a place in your classroom you're thankful for?	26 What is an animal you're thankful for?	27 What is a color you're thankful for?	28 What is a school supply you're thankful for?	29 What author are you thankful for?	30
						





# December



## RANDOM ACTS OF KINDNESS

### COUNTDOWN TO WINTER BREAK

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <b>1</b>	Give high fives to your classmates. <b>2</b>	Pick up trash around school. <b>3</b>	Bring in a can of food for donation.  <b>4</b>	Write a thank you note to the school janitor.  <b>6</b>	Let someone else go first in line. <b>7</b>	
<b>8</b>	Draw a chalk message on the playground.  <b>9</b>	Hold the door for someone.  <b>10</b>	Share a family tradition with your class.  <b>11</b>	Collect coins for a cause that matters to you. <b>12</b>	Spend 10 minutes cleaning your classroom. <b>13</b>	<b>14</b>
<b>15</b>	Make a get well card for a sick person. <b>16</b>	Leave a friendly note in a library book.  <b>17</b>	Help someone do a job or chore. <b>18</b>	Tell your teacher why he or she does a good job. <b>19</b>	Write a letter to a faraway friend.  <b>20</b>	<b>21</b>
 <b>22</b>	<b>23</b>	<b>24</b>	 <b>25</b>	<b>26</b>	<b>27</b>	 <b>28</b>
 <b>29</b>	<b>30</b>			 <b>31</b>		

## HOORAY! IT'S WINTER BREAK

## !!!